

2018 ART ESCAPES

»»»» Offered by Arts for all of Northern Michigan

VISUAL ARTS

LEATHER STAMPING & DESIGN WORKSHOP <<<<

Led by Michael Wahlstrom, owner of Gitche Gume, and an expert in textiles and screen-printing. Requires large table space and access to a sink. Students will learn techniques of leather stamping and design.

Limited Workshops Available

Available mid-early March

CLAYSPACE TC— CLAY HANDBUILDING <<<<

Led by trained artists formerly of Blackbird Arts Studio, now Clayspace TC. 45 min - 1 hour sessions, in the classroom, or off site visits available Mon, Thurs, Fri. 2-4 Week sessions, 8 week residency also available. In-Classroom visits require large table space and access to a sink.

Students will learn techniques of clay hand building, and produce final pieces.

**WITH A4A WE CAN MAKE OTHERS
HAPPY WITH WHAT WE MAKE...
IT COMES FROM THE HEART**

- MAX DINGEMAN

PHOTO ILLUSTRATION <<<<

Led by professional photographer Cliff Ostling. Available as 3 to 4 forty-five min - 1 hour sessions, or 2 two-hour session, in the Arts for All Studio in Traverse City. Appropriate for Middle-HS Level Students.

Students will learn the basic steps of film photography, including lighting, composition, film camera basics, using a darkroom, and finally a heat transfer of their final image to create a t-shirt with their image on it. Please take into consideration that this class will use film development chemicals, while utilizing proper safety equipment and measures.

FLORAL DESIGN <<<<

Led by floral designer Derek Woodruff, owner of Floral Underground. 45 min - 1 hour sessions, in Derek's studio on Woodmere Ave. **Availability TBD - Limited Workshops** 2-Visit Workshops

Students will learn techniques and tools of floral design and create finished products.

EXPLORING PAINTING <<<<

Led by professional artist, Colleen Schull. 45 min - 1 hour sessions, in the classroom or in Arts for All Studio. Availability Mondays, Tuesdays, and some Wednesdays (Max of 20 students). Available in Grand Traverse County only. 2-4 Week sessions, 8 week residency also available. In-Classroom visits require large table space and access to a sink.

The focus of this class will be self expression and discovery through a variety of paint applications and tactile tools, including acrylic paints, brushes, sponges, natural materials and recycled materials. Students will create art from direct observation and imagination, and we'll also look at a broad range of inspirational art history.

ART JOURNALING <<<<

Led by artist Amber Coulter. 45 min - 1 hour sessions, in the classroom. 2-4 Week sessions, 8 week residency also available.

Students will learn art journaling using mixed media as an outlet for creativity. We will incorporate colors, images, patterns and other materials to fill our journals.

VISUAL ARTS

STREET ART EXPERIENCE <<<<

Led by long time street artist Chase Hunt, of Creative Streetworks. Chase Hunt is a San Diego born, Traverse City raised street artist who has been practicing urban art styles in the region for over 18 years. He has built his reputation using stencils over freehand with bright colors and bold lines. Much of his work is done at large scales, such as murals on the exterior of buildings and large interior wall space, but more recently has re-approached art on canvas. He enjoys teaching his technique, and has worked with children on various art projects over the past five years, including Westwoods Elementary, The Greenspire School, Elk Rapids youth group, Crooked Tree Arts Center, and Arts for All. You can see his art around Traverse City – check out his mural at the Tent Craft building on South Cass St.

45 min - 1 hour sessions, in the classroom, or A4A studio visits available Mon, Thurs, Fri.

2-4 Week sessions

In-Classroom visits require large table space and access to a sink.

Students will learn adaptive tape line and stencil techniques to create unique pieces using a variety of resources and materials.

BEGINNING STAINED GLASS WORKSHOP <<<<

Led by Master Stained Glass artist, Tommy D'Ercole

45 min - 1 hour sessions, in the Arts for All Studio

Classes can be scheduled as just the introductory, or as a pair.

INTRODUCTORY CLASS (1 HR):

Students will learn the start to finish process of creating stained glass piece as a group, including cutting glass, copper foiling, and the teacher and staff advised option to observe or assist with the final soldering process.

Please take into consideration that this class will use some glass working tools, while utilizing proper safety equipment and measures.

CONTINUING STAINED GLASS (2 HRS):

Students will use techniques from the introductory class to create new shapes and a finished individual piece, utilizing nature scenes. This will use slightly more advanced techniques.

Please take into consideration that this class will use some glass working tools, while utilizing proper safety equipment and measures, adult supervision, and staff assistance.

INSTANT PHOTOGRAPHY <<<<

Led by photographer Michael Kent, of Allen-Kent Photography. Michael Stewart Patrick Kent is a portrait photographer and photo educator based in Traverse City MI. He owns Allen-Kent Photography with his wife and partner, Brooke Allen. He is a coffee loving, extroverted nerd who is always ready for a great conversation.

45 min - 1 hour sessions, in the classroom, or at the Arts for All Studio

2-4 Week sessions available between Feb 10th - March 20th (Limited availability)

This class will teach students basic photography techniques, operations of modern instant cameras, and how photography can be used to express a concept or tell a story. Students will leave having created a book of instant photographs.

Resources still being sought - this is a to be confirmed workshop.

CRAFT WORKSHOPS <<<<

Led by Artist Devin Moore

45 min - 1 hour sessions

Availability TBD

Workshops may include, but aren't limited:

Nature Collages: A collaborative project that provides options for everyone's strengths! Activities include cutting, coloring, gluing, and drawing elements of nature, to create a scene.

Galaxy Jars: Mason jars filled with fun colors, glitter, paint, and cotton balls. Once shaken up, they create a beautiful, relaxing show! Helpful to focus and center.

Create your own (CYO) stress balls: Students will create their own stress ball by decorating a balloon and filling with flour or sand to make a squishy stress reliever!

Create your own (CYO) necklace/bracelet: This craft can be a gift for a friend or for themselves! We will have a wide variety of beads and colors to make the perfect new jewelry piece!

Painting: utilizing paint, canvas, multiple painting tools, and design techniques

PERFORMING ARTS

STORYTELLING PERFORMANCES <<<<

Stories performed by
Artist Jen Strauss of Story Be Told
45 min - 1 hour sessions

Students will enjoy an interactive and enhanced performance of stories and songs specifically chosen to align with your curriculum.

STORYTELLING RESIDENCY <<<<

Limited Residencies Available

Led by Artist Jen Strauss of Story Be Told
45 min - 1 hour sessions

Jen will select 1-2 stories that align with your curriculum, and through 1 hour workshops for 6 weeks, she'll prepare students to be able to tell the story, by each playing their own individual part. Students will rehearse and then perform for their peers and the public.

THEATRE <<<<

Acting & Puppetry
Led by long-time actress, director, and thespian Denni Don Hunting, of the Old Town Playhouse
45 min - 1 hour In-Classroom Sessions
2 sessions per classroom

Students will use their imagination to create plays, try out different roles, rehearse, and perform their skit. They will also get to experiment with animal puppets in their skit. All workshops are adapted to ability level and individualized needs.

THEATRE FIELD TRIP EXPERIENCE <<<<

Students will learn about the workings of the theatre, and have the opportunity to perform a short play on stage. This workshop takes place at the Old Towne Playhouse

Availability of each theatre option to be determined.

PHYSICAL ARTS

ADAPTIVE YOGA <<<<

Led by certified adaptive instructor Denise Sandor
45 min - 1 hour sessions
Available Tues - Fri Morning - Early Afternoon

Provide a safe and fun atmosphere so that students can find stillness, calm, and joy in motion and at rest and build a stronger mind-body connection while increasing range of motion, strength, and flexibility. Each yoga class will integrate mindfulness, asana practice (poses), breath work, and savasana. Working on a pose by pose basis or through a vinyasa flow, the class will focus on alignment and adaption for every body type and level in the class. This practice will integrate simple vinyasas, connecting breath and movement, at a more mindful pace. Props such as blankets, blocks, straps may be utilized to enhance the practice and/or adapt poses. Class speed, pose type, etc. will be determined and customized based on the student population. Denise has advanced experience and certifications with wheelchair and adaptive yoga.

4-6 week workshops

KID'S YOGA <<<<

Led by certified Kid's Yoga instructor Linda Bristol
45 min - 1 hour sessions
Available Tues-Thurs

Designed for Elementary level students, this class utilizes movement, music, and literacy, while teaching body awareness and healthy habits.

Available 4-8 week workshops, with once or twice a week visits.

ATA MARTIAL ARTS <<<<

Led by Master Chris Pline of ATA Martial Arts
Available Wednesday Mornings and Friday afternoons
Located at the ATA Martial Arts Studio on Centre St. Transportation required.

Students will learn 3 ways a martial arts student shows respect: protecting their brain, pushing away the bad, and living in balance. All moves are adapted to class ability level, and interactive for ALL physical ability levels.

PHYSICAL ARTS

YOGA FOR STRESS & ANXIETY <<<<

Led by certified yoga instructor
Meredith Young
45 min - 1 hour sessions
Available March, April, May

Feeling anxious or stressed is so much a part of our daily lives, that we can forget how limiting it can be. Whether you are anxious about the future, about a past event you carry with you into the future, about yourself, etc. This class will offer practical anxiety management strategies that can help you feel more at peace with your life and yourself. This class aims to provide a sense of security, relief from anxiety, a better sense of yourself, education on the brain, and supportive skills to enhance your everyday life and thought processing, using basic yoga postures, controlled breathing techniques, and guided meditations and visualizations. Never practiced yoga before? Don't stress! This is a safe place to start.

4-6 week workshops

LITTLE MINDS YOGA & WELLBEING <<<<

Led by certified Yoga Instructors <<<<
Kay Epple & Kathy Fitzgerald
Pre-K & KG: 30 Min
7-11 yrs: 45 Min

This fun, age-appropriate class purposefully integrates yoga and mindfulness. The class blends music, cooperative games, breath-work and relaxation in a safe space for connection and play.

MOVEMENT & MUSIC <<<<

Led by Artist & Teacher Kat Brown
45 min - 1 hour sessions
Available Mondays & Thursdays

Using storytelling, movement, sound, stillness, and contact, students learn to free their body and voice, deepen the connection with their creative self, bring breath and ease back into their life, and build awareness of the wisdom of their body, all while cultivating meaningful classroom connection!

Available as individual visits, or a 6-8 week workshop.

MUSICAL ARTS

BEGINNING RHYTHM <<<<

Led by Artist Jerry Endres
45 min - 1 hour sessions
Available Tuesday-Friday Afternoons (Middle MS - HS)

Using both traditional and non-traditional instruments, students learn the basics of rhythm and have the chance to experiment and play together!
Available as 2, 4, 6 or 8 week workshop.

KINDERMUSIK <<<<

Led by teacher Melinda Pokorzynski
1 hour sessions
In-Classroom

Availability Tuesday & Wednesday mornings.
Additional availability TBD.

Students are able to explore different kinds of musical instruments, movement, and rhythm.

ART EXPERIENCES

MI LEGACY ART PARK <<<<

All Accessible Art Trail on the grounds of
Crystal Mountain
Half Day Field Trip
Available starting Mid-April

Students will be guided through the park and enjoy an art project at the end of the tour.

